2018 DROMORE Community 10k & 5k ROAD RACE

CO.TYRONE

Saturday 23rd June 2018

CELEBRATING 10 YEARS

dromore10k.com

Mc Dermott's PHARMACY

AWARE
OVERCOMING DEPRESSION.
CHANGING LIVES.

START & FINISH

Main Street Dromore, Co. Tyrone
10K Race - 12noon • 5K Run or Walk - 12.10pm

ENTRIES

Enter online... www.dromore10k.com

OR return entry form to Dromore Road Race, 32-34 Main St, Dromore, BT78 3AB
Closing Date: Friday 15th June

PRE ENTRIES

10K Race - £12 • 5K Run - £10 • 5K Walk - £8
5K Family Rate: £25
(2 adults, 2 children or 1 adult, 3 children)

LATE ENTRIES

10K Race - £15 • 5K Run - £12 • 5K Walk - £8
(No entries accepted after 11:30am on the day)

RACE PACKS Available at Dromore Sports Centre on Fri 22nd (6.30-8pm) & Sat 23rd (10-11.30am). Entrants will receive their commemorative t-shirt along with their Chip.

CHANGING FACILITIES

Changing & showers available at Dromore Sports Centre.

ENTRY FORM

PLEASE COMPLETE IN BLOCK CAPITALS

◯ 10K RUN ◯ 5K FUN RUN ◯ 5K WALK*

Name _____ ◯ Male ◯ Female

Town _____ Club (if any) _____

Age Category ◯ Over 35 ◯ Over 45 ◯ Over 55 ◯ Over 65

Email _____

T-Shirt Size ◯ XS ◯ S ◯ M ◯ L ◯ XL

Prizes will be awarded to the top 3 Male and Female runners and top veteran categories.
Details on www.dromore10k.com

ATHLETICS NORTHERN IRELAND

ATHLETICS Certified Course

*5K Walk will not have chipped timing ** Under 16's not legally permitted to run 10K

All competitors acknowledge that they will be running entirely at their own risk and that (to the extent permitted by the unfair Contract Terms 1977) the organisers will not be liable for any loss or damage, illness, or injury whatsoever directly or indirectly occasioned by or resulting from negligence, wrongful act or default of the organisers, their employers or agents or from any other course including any act of God or the physical condition of the competition. Photographs taken during the race may be used for promotional purposes.

YOU MUST CHECK THIS BOX TO AGREE WITH THE ABOVE CONDITIONS ◯

SIGNATURE _____